

Rejuvenate your retirement plan

Over the last few decades, retirement has changed dramatically. Two generations ago, retirees generally focused on survival and safety money. Their goals were to have just enough money to get by and survive the occasional bump in the road.

Today's generation of retirees will be unlike any in the past. It's anticipated this group will plan to enjoy a more active and extravagant lifestyle.

You may be faced with a number of challenges when trying to meet your specific needs as you move into this phase.

Overcoming the uncomfortable feeling of drawing money after years of focused savings for retirement may be one of them. You may wonder how much income is enough and how long your savings will last.

It's difficult to provide answers to these questions in an article like this, but your financial security advisor can help determine the best solution for your unique circumstance.

Ultimately as you move into or towards retirement you want a financial security plan that manages both your income and your risk.

Plan for a lifetime of income

Canadians are living longer and as a result the income phase of your financial security plan could be as long as the saving phase. In addition, enough money today is not necessarily enough for tomorrow so it's important to know how much money you should guarantee to ensure you don't run out, while providing the opportunity for growth to continue building on your savings.

Your financial security advisor can help you manage your income and develop a plan to help ensure you have enough for long enough.

Make money last

Industry experts consider the five years before and the five years after retirement to be an especially critical phase for retirement savings. So whether you're saving for retirement or are already retired, it's important to prepare for the potentially devastating effects of inflation or down markets.

Even at a relatively low two per cent annual inflation rate, the purchasing power of a dollar is reduced by close to 40 per cent in 25 years. At an inflation rate of four per cent, your dollar today would only be worth \$0.38 in 25 years.

Once you have a retirement plan and income strategy, your financial security advisor can recommend when to invest your variable income, purchase a guaranteed income product and whether to guarantee your income for a fixed period or for life.

Information you can use

Whether you're in the saving phase and considering retirement or already drawing an income, you should make it a point to talk to your financial security advisor about your personal situation. Your financial security advisor can build a plan for retirement income

and provide product recommendations best suited to helping you reach your retirement goals while managing risks.

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